

RESOURCES

211 ~ A complete directory of social services in Sonoma County. Dial 2-1-1 on your phone ~ 211wc.org

Alcoholics Anonymous ~ The only requirement for membership is a desire to stop drinking ~ AA Hotline: 707-544-1300 ~ aa.org

Al-Anon & Alateen ~ Support to friends & families of alcoholics ~ al-anon.alateen.org

Co-Dependents Anonymous (CODA) ~ The only requirement for membership is a desire for healthy & loving relationships ~ codependents.org

Counseling ~ Everyone: adults, couples, children, adolescents, families. \$30 per session. Assistance available. Mon-Fri, 9:00am-8:00pm, Family Services, 751 Lombardi Ct, Ste C, Santa Rosa ~ 707-545-4551 x210 (English) or x209 (Español) ~ familyservicesonoma.org

Day Labor Centers ~ Protect workers' rights, and yours. Don't hire off the street! **Graton** ~ 2981 Bowen Street ~ 707-829-1864 ~ gratondaylabor.org

Guerneville ~ Now at Suzanna's house, across from Ziegler Mechanical, 15864 River Rd ~ Hotline: 707-591-5518

Healdsburg ~ 405 Grove St ~ Martha Nuñez, 707-433-6652 ~ chdcorp.org

Disability Services & Legal Center (DSLCL) ~ a non-profit agency established to advance the rights of persons with disabilities to equal justice, access, opportunity & participation in our communities. 980 Hopper Ave., Santa Rosa ~ 707-528-2745 (voice) or 707-528-2151 (TTY) ~ cri-dove.org

Family & Friends Group ~ Learn about the impact of addiction & how to cope in a healthy way. Free. Tuesdays, 6:30-8:00 pm, Drug Abuse Alternatives Center, 2403 Professional Dr, Santa Rosa ~ Lynne Burke, 707-544-3295 x352 ~ daacinfo.org

Gamblers Anonymous ~ Open to anyone who has a desire to stop gambling ~ Diane S, 707-318-4173 ~ gamblersanonymous.org

Green Jobs ~ Search a "first-of-its-kind" resource which identifies the businesses operating as part of the Green economy in the state! Provided by the Environmental Defense Fund, which has offices throughout California ~ edf.org

Grief Support ~ monthly program presents artists, authors, films, discussions dealing with loss. 2nd Wednesdays, Jan-June, 7:00-9:00 pm, Hospice of Petaluma, 416 Payran St., Petaluma ~ 707-778-6242 ~ memorialhospice.org

Headache Education & Support Group ~ Help & ongoing support for those with chronic headaches. Family & friends welcome. Free. 4th Wednesdays, 5:30-7:30 pm, Palm Drive Hospital, 501 Petaluma Ave, Sebastopol ~ 707-823-8511

Health Screenings ~ Free. 1st Saturdays, Palm Drive Hospital, 501 Petaluma Ave, Sebastopol ~ 707-823-8511 ~ palmdrivehospital.com

Healthy Sonoma ~ Provides state-of-the-art web-based assessment & improvement tools to strengthen & build a healthier community. ~ healthysonoma.org

HIV Therapy Group ~ Dinner & therapy sessions on Mondays, 5:00 pm, St. Andrews-in-the-Redwoods Episcopal Church, 20329 Hwy 116 at F St, Monte Rio ~ 707-865-0834 ~ standrews-redwoods.org

Intentional Community ~ 2nd Sundays, 3:00 Tour, 4:00 Welcoming circle, 4:30 Potluck dinner & music. Green Valley Village, 13024 Green Valley Rd, Sebastopol ~ 707-824-9647 ~ greenvalleyvillage.com

Military Families ~ ALL Active Duty military, National Guard, Reserve, & family: phone cards, send a video, class "Coping with Deployment." American Red Cross, Sonoma & Mendocino Counties ~ 707-577-7600 ~ arcsm.org

Overeaters Anonymous ~ for people who desire to stop eating compulsively. **Thursdays**, 6:00 pm upstairs at Russian River Counselors, 19375 Highway 116, Monte Rio (across from Northwood) ~ sonomacountyoa.org/meetings.html

Russian River Empowerment Center ~ Drop-in center: support groups, peer counseling & safe community environment. Free & confidential membership. A West County Community Services project. Hours: Tue-Wed-Thu 11:30-5:30, & Fri 11:30-6:30. 16229 Third St, Guerneville ~ 707-604-7264 ~ westcountyservices.org

Sanitation District Direct Install Program ~ FREE installation of high-efficiency plumbing fixtures for eligible customers ~ scwa.ca.gov/direct-install

United Against Sexual Assault ~ UASA facilitates healing by providing counseling, advocacy, intervention, and education. 835 Piner Rd, Suite D, Santa Rosa ~ Business: 707-545-7270 ~ 24/7 Crisis Line: 707-545-7273 ~ uasonoma.org

Veterans' Group ~ "One-stop-shop!" Veterans & their family members. Noon-3:00, **2nd Thursdays**, Guerneville Veterans Memorial Building, 1st & Church St, Guerneville ~ 526-4218 (message) or John Uniack, 707-869-9459 ~ sonomacountyvetconnect.org

Walk-In Clinic ~ Free medical care for everyone. **Mondays**, 5:30-7:30 pm, Jewish Community Free Clinic, 490 City Center Dr, Rohnert Park ~ 707-585-7780 ~ jewishfreeclinic.org

Watchers of Weight (WOW) ~ Support for healthy eating & weight loss goals. Membership \$10/Weekly meeting \$5. **Wednesdays**, 5:30 pm, Monte Rio Community Center, 20488 Hwy 116, Monte Rio ~ 707-865-9956 ~ mrrpd.org

MEETINGS

1st & 3rd Mondays ~ Petaluma City Council ~ Open Session at 7:00 pm, 11 English Street, Petaluma ~ 707-778-4360 ~ cityofpetaluma.net/cclerk/council.html

2nd Mondays ~ Russian River Interfaith Coalition (RRIC) ~ 6:30 pm, St Hubert's Hall, Fourth & Fifth Streets, Guerneville ~ Jan DeWald, 707-604-7328 ~ microbulletinboard.com/IC/index.htm

4th Mondays ~ El Molino Boosters ~ 6:00 pm in the Teacher's Lounge at El Molino High School, 7050 Covey Rd, Forestville ~ elmolinoboosters.com

Tuesdays ~

Noon Toastmasters ~ 11:30 am at the Center for Spiritual Living, 2075 Occidental Road, Santa Rosa ~ 836-8876 ~ toastmasters.org

Russian River Rotary ~ Service above Self. 6:30 pm at Highland Dell Lodge, 21050 River Blvd., Monte Rio ~ 707-869-0808 ~ russianriverrotary.org

Santa Rosa City Council ~ The public is welcome to the public portions of regular meetings, generally at 4:00 pm. 100 Santa Rosa Ave ~ 543-3039 ~ ci.santa-rosa.ca.us

Sonoma County Board of Supervisors ~ Regular meetings 8:30 am, public comment 2:00 pm, 575 Administration Drive, Room 102A, Santa Rosa ~ 565-2241 ~ sonoma-county.org/board/index.htm

1st Tuesdays ~

Cazadero Community Club ~ 7:00 pm, Fire Hall, 5980 Cazadero Hwy, Cazadero ~ Natasha Pehrson, mayawrld@sonic.net

Sebastopol City Council ~ 5:00 pm, CDA 6:00 pm, Sebastopol Youth Annex, 425 Morris St ~ 823-1153 ~ ci.sebastopol.ca.us/citycouncil.shtml

2nd Tuesdays ~

Bodega Volunteer Fire Department ~ 7:30 pm, McCaughey Hall, 17184 Bodega Hwy, Bodega ~ bodegafire.org

Forestville Fire Protection District ~ 6:00 pm, 6554 Mirabel Rd ~ forestvillefire.org

Forestville Water District ~ 5:30 pm, 6530 Mirabel Rd, Forestville ~ 707-887-1551 or fwd@sonic.net

Independent Order of Odd Fellows ~ 7:30 pm, Hwy 116 & Covey, Forestville ~ Jim McCray, 707-528-7471 ~ ioof.org

Russian River Historical Society ~ 6:30 pm, Monte Rio Community Center, 20488 Highway 116, Monte Rio ~ russianriverhistory.org

3rd Tuesdays ~

ACLU ~ American Civil Liberties Union of Northern California, Sonoma County Chapter, 7:00 pm, Peace & Justice Center, 467 Sebastopol Ave, Santa Rosa ~ 707-765-5005 ~ aclusonoma.org

North Coast Mac Users Group ~ \$5 for non-members. 7:00-9:00 pm (except for September), Rohnert Park Senior Center, 6800 Hunter Dr, Suite A ~ ncmug.org

Russian River Fire Protection District ~ 7:00 pm, 14100 Armstrong Woods Rd, Guerneville ~ 707-869-9089 ~ russianriverfire.org

Sebastopol City Council ~ 7:00 pm, Sebastopol Youth Annex, 425 Morris St ~ 707-823-1153 ~ ci.sebastopol.ca.us/citycouncil.shtml

4th Tuesdays ~ Salmon Creek Watershed Council ~ 6:30pm. Black Oak Room, Salmon Creek School, 1935 Bohemian Hwy, Occidental ~ David Shatkin, dshatkin@sonic.net

1st Wednesdays ~

Forestville Chamber of Commerce ~ All welcome. 5:30 pm, Food for Thought, 6550 Railroad Ave, Forestville ~ 707-887-1111 ~ forestvillechamber.org

Petaluma Progressives ~ Working for true democracy. All are welcome. 7:00 pm, Copperfields Books, 140 Kentucky St, Petaluma ~ 707-763-8134 ~ progressivefestival.org

2nd Wednesdays ~

In-Home Support Services ~ IHSS Care Givers' support meeting. 5:00 pm, Guerneville Regional Library, 14107 Armstrong Woods Rd ~ sonomacounty-ihsspa.org

Progressive Democrats Sonoma County ~ Visitors and New Members welcome. 6:30 pm, French Garden Restaurant, 8050 Bodega Ave, Sebastopol ~ pdsonoma.org

Petaluma Pedestrian & Bicycle Advisory Committee ~ 6:00 pm, 27 Howard St, Petaluma ~ cityofpetaluma.net

3rd Wednesdays ~

County Bicycle & Pedestrian Advisory Committee ~ 7:00-8:30 pm, Sonoma County Transit, 355 West Robles Ave, Santa Rosa ~ 707-585-7516 ~ sctransit.com/bikes/bikecommittee.htm

Forestville Historical Society ~ Sept-May, 7:00 pm, Forestville School Library Conference Rm, Highway 116 at Travis Rd, Forestville ~ Ron Davis, 707-823-2921 ~ sonic.net/Forestville

Sonoma County Area Agency on Aging ~ Advisory Council meets 1:00-3:30 pm, 3725 Westwind Blvd, Santa Rosa ~ 707-565-5950 ~ socoaaa.org

1st Thursdays ~ Sweetwater Springs Water District ~ 6:30 pm, 17081 Hwy 116, Ste B, Guerneville ~ 707-869-4000 ~ sweetwatersprings.com

1st & 3rd Thursdays ~ PRMD Planning Commission Meetings ~ 1:00 pm, 2550 Ventura Ave, Santa Rosa ~ sonoma-county.org/prmd

3rd Thursdays ~

Gold Ridge Resource Conservation District ~ 6:00-8:00 pm, 14775B Third St, Occidental ~ 874-2907 ~ goldridgercd.org

Hispanic Chamber Mixer ~ 5:30-7:30 pm, location varies ~ 707-575-3648 ~ hcc-sc.org

Russian River Redevelopment Oversight Committee ~ 6:00 pm. Odd months: Veteran's Hall, 1st & Church, Guerneville. Even months: Monte Rio Community Center, 20488 Hwy 116, Monte Rio ~ sonoma-county.org/cdc/rrrocmain.htm

Santa Rosa's Bicycle & Pedestrian Advisory Board ~ 4:00-6:00 pm, City Hall Annex, 90 Santa Rosa Ave ~ 707-543-3334 ~ ci.santa-rosa.ca.us

4th Thursdays ~ Sebastopol Chamber Mixer ~ 5:30-7:00 pm, location varies. ~ 707-823-3032 ~ sebastopol.org

3rd Fridays ~ Sonoma County Pagan Network ~ 7:00 pm, Luther Burbank Art & Garden Center, 2050 Yulupa Ave, Santa Rosa ~ scpagans.org

1st Saturdays ~ AGV Watershed Council Meeting ~ 10:00-Noon. Info & location, Jean Redus, 707-823-2006 ~ atascaderogreenvalleywatershed.net