

Don't leave your best friends all alone - bring them to

Almost Home Doggie Day Care

4925 Gravenstein Hwy (116) North Forestville/Sebastopol
823-4663 (823-HOME)
 Tues - Sat 7am - 6:30 pm

Gift Certificates, Toys & Bathing

Overnight, Weekends & **Holidays** by Special Arrangement

"Life isn't about waiting for the storm to pass. It's about learning how to dance in the rain."

Hometown Home Loan Team



THEY MADE IT HAPPEN! (left to right)

Beth Rudometkin, Loan Officer at Community First Credit Union;
Margaret & Michael Kennett, owners of Fern Grove Cottages;
Herman Hernandez, Owner/Broker, and **Brendan Coen**, Associate Agent, both of Frank Howard Allen Realtors;
Russ Anger, VP of Lending at Community First - celebrate the successful financing of Margaret and Mike's new residence in nearby Forestville.



What can Beth, Russ & Community First make happen for you?



Beth Rudometkin
707/869-9063
brudo@comfirstcu.org



Russ Anger
707/543-2670
ranger@comfirstcu.org

Fixed- & adjustable-rate loans for purchase, refinance or home equity. Plus, VA, FHA & unique loans for River-Area properties.

Community First
CREDIT UNION

546-6000 ⇔ www.comfirstcu.org

any resident, student or business in Sonoma County can be a Member deposits Federally insured & guaranteed to at least \$250,000

Founded in 1961 by Sonoma County Teachers

Food Banks & Pantries of Sonoma County

Providing Help and Hope... One Life at a Time

Redwood Empire Food Bank

The REFB is the largest food bank serving the North Coast of California from Petaluma to Oregon. Working with 146 other hunger relief agencies that operate 230 programs throughout the county, the REFB provides food to 70,000 Sonoma County residents each month. That number is 10,000 more a month than a year ago, the result of the economic recession's impact on Sonoma County residents.

Recipients of REFB's programs include 10,400 seniors, 30,000 children, and thousands of working families, the disabled, unemployed and the homeless. The REFB also is a primary resource for food pantries and other hunger relief agencies in Lake, Mendocino, Humboldt and Del Norte counties.

How to Help:

Online at www.refb.com, pay by credit card

Schedule a monthly giving through an automatic withdrawal from your checking account or credit card

Organize and host your own food/funds drive with help and supplies from REFB

Organize donations at your workplace by contacting Connie Petty at cpetty@refb.org or 707.523.7900 ext. 35

Contact Info:
 3320 Industrial Dr
 Santa Rosa California 95403
 Phone 707.523.7900
 Fax 707.523.7901
www.refb.com
 Office Hours & WIC Store Hours:
 Monday thru Friday 8:00 AM to 4:30 PM

Guerneville Community Church

Also supported in part by the Catholic Church, the MCC and Salvation Army. Food pantry open the 2nd and 4th Saturday of the month at 9 am.

Contact Info:
 14520 Armstrong Woods Rd
 Guerneville, CA 95446
 (707) 869-2514
guernevillecommunitychurch@yahoo.com
guernevillecommunitychurch.org

COTS - Committee on the Shelterless

COTS offers help and hope to homeless persons in Sonoma County by providing safe shelter and housing, helping people develop steady incomes and helping them get back under a roof of their own. We help homeless families become stable

and break the cycle of homelessness by teaching homeless parents to make their children's needs a high priority and to provide a safe, loving and secure home for their children.

How to Help:

Donate online by credit card at www.cots-homeless.org

Donate food or goods listed on their Wish List

Read about their many different volunteer opportunities, download a Volunteer Application, then fax or mail it in.

Contact Info:

P.O. Box 2744
 Petaluma, California 94953
 1500 Petaluma Blvd. S, #B
 Petaluma Blvd, CA 94952
 707-765-6530
 Fax 707-765-9043
info@cots-homeless.com
www.cots-homeless.com

West County Community Services

WCCS works to strengthen families in western Sonoma County. We provide opportunities, support and resources that touch the lives of youths, adults and seniors. By strengthening families we build stronger communities. WCCS operates five critical social services departments serving thousands of youth, adults, and seniors every year. The program departments include: Counseling and Prevention, Adult and Youth Employment, Russian River Senior Resource Center, After School Programs and Emergency Food & Housing Services. A unique and vibrant organization, WCCS is the only multi-services agency in the entire western Sonoma County area and we continually strive to provide focused, quality assistance that meets the needs of our local community.

How to Help:

Mail a donation check to:
 West County Community Services
 P. O. Box 325
 Guerneville, CA 95446
 Attention: Finance Department

Sign up for eScrip.com, COMMUNITYsmart card, and Albertson's Community Partners. When using these methods at participating stores, the merchants will donate a portion of their proceeds to the organization.

Volunteer with either food box preparation or reception by