

GRATON FIRE CHRISTMAS TREE FARM

**All Trees
\$35 - \$65
tax-deductible
Donation**

9am - 5pm

Open Thursday-Sunday

3750 Hwy 116 North
(Between Graton & Guerneville Roads)

823-7939



CASH or CHECKS please

prrrrrrrrr

Adoption Program

Forgotten Felines has available for adoption formerly feral kittens and some adult cats. Visit our adoption room at the Rohnert Park Animal Shelter, 301 J. Rogers Lane, Rohnert Park. Adoption hours are Wednesday through Saturday from 1pm to 5pm and Sunday from 1pm to 4pm. See our cats available for adoption on our web site.



LOLA!

Your purrrfect Cat!
still needs a good home!



FORGOTTEN FELINES
Of Sonoma County

584-4998

www.forgottenfelines.com

1814 Empire Industrial Ct. F, Santa Rosa

Dedicated to the Humane Care & Control of the Feral Cat Population

Gardening

Gardening Demonstrations ~ Enter to win a plant! (Must be present to win.) Free. By Blue Hill Design, 10:30 am at Bassignani's Nursery, 1841 Gravenstein Highway South, Sebastopol ~ 707-829-3984

Nov 15 ~ Planting Bulbs for Spring Bloom
Dec 6 ~ Building Bones in the Garden

Nov 18, Dec 16 ~ **California Native Plant Society** ~ Join us for guest speakers and presentations of floral interest the third Tuesday of each month. Plant ID hour, 6:30 pm, meeting 7:30 pm at the Luther Burbank Art and Garden Center, 2050 Yulupa Street, Santa Rosa ~ April Owens, 707-528-3111 ~ www.cnpsmb.org

Nov 22 ~ **Basics of Holiday Arrangements** ~ Master Gardener and florist Sue Lovelace provides proven time-saving techniques for arranging this holiday's floral displays. Free! 10:30 am to 12:30 pm at the Sebastopol Regional Library, 7140 Bodega Avenue ~ 707-565-2608 ~ www.sonomamastergardeners.org

Nature

Explore Fairfield Osborn Preserve ~ One of Sonoma County's special places. Advance registration required. 6543 Lichau Road, Penngrove (on Sonoma Mountain near SSU) ~ 707-795-5069 ~ www.sonoma.edu/org/preserve

Nov 15 ~ 10:30am-2:30pm, \$35, "Edible and Medicinal Plants of the Fall Season," with Autumn Summer.

Nov 22 ~ 10:30am-2:30pm, \$35, "Biology of Fairfield Osborn Preserve Woodlands," with Steve Barnhart.

Dec 13 ~ 8:30-10:30am, \$35, "Winter birds of Sonoma County," with Peter Leveque.

Dec 14 ~ 10:30am-2:30pm, \$35, "Wild Mushrooms," by Charmoon Richardson.

Nov 22 ~ **Dog-Friendly Hike** ~ Bring your favorite companion to explore Riverfront Regional Park with dog trainer and park naturalist Laurel Scarioni. One trained & friendly dog per person. \$5 parking fee. Meet 9:30am in the parking lot at 7821 Eastside Road, Healdsburg (closer to Windsor) ~ RSVP 707-292-5862 ~ www.sonomacountytrails.org

Nov 22 ~ **Hike Tolay Lake Regional Park** ~ 3-hour guided tour, 9:00am-Noon at Tolay Lake Regional Park, Lakeville Hwy at Cannon Lane, Petaluma ~ RSVP 707-565-2730 ~ www.sonoma-county.org/parks/pk_tolay.htm

LagunaKeepers Workdays ~ Snacks are on us; Bring gloves, water, and friends! Only heavy rain cancels. 9:00am-Noon ~ 707-527-9277 x108 ~ www.lagunafoundation.org

Nov 22 ~ Expand riparian habitat along Duer Creek. Meet at Kelly Farm, 5344 Occidental Road, Santa Rosa

Dec 13 ~ Plant trees and grasses at the popular County Parcel fishing spot and kayak boat launch area. Meet at Stone Farm, 900 Sanford Road, Santa Rosa to caravan to the site.

Nov 30, Dec 13 ~ **Cotati Creek Stewardship Days** ~ Planting, weeding, mulching, refurbishing used tools. All welcome, rain or shine! Second Saturdays 9:00am-Noon & last Sundays 10:00am-1:00pm. Meet at 'Ladybug Lot' (City of Cotati Well Lot #2 next to Ladybug Park), Lakewood Ave, Cotati ~ RSVP to Jenny Blaker, 707-792-4422 ~ www.cotaticreekcritters.info

Dec 1 ~ **Urban Streams: Balancing Humans and Habitat** ~ Keenan Foster will present Sonoma County Water Agency's new approach to balancing the human need for flood protection with environmental needs for quality habitats. Refreshments provided. Donations welcome. 7:00 pm at the Ray Miller Community Center, 216 E. School St. (behind City Hall), Cotati ~ 707-792-4422 ~ www.cotaticreekcritters.info

Dec 13 ~ **Mushroom Hunt & Cook-up** ~ Join the hunt for seasonal mushrooms! We'll discuss hunting etiquette, & notable fungi, the we cook up edible finds and enjoy a potluck picnic. 10:00-3:00 pm at Salt Point State Park. \$30 & potluck picnic item. (Kids price.) To register contact: Charmoon Richardson, Wild About Mushrooms, PO Box #1088, Forestville, CA 95436 ~ 707-829-2063 ~ www.wildaboutmushrooms.net

Wednesdays ~ **Riverkeeper Stewardship Days** ~ Help keep our Park clean for all to enjoy! Tools needed. Rain cancels. 8:30-11:30 am next to the pedestrian bridge, 16153 Main St., Guerneville ~ Victoria Wikle, 865-2474 ~ www.russianriverkeeper.org

Volunteer

Campground Hosts - Sonoma County Reg. Parks needs volunteer Campground Hosts to live and work in Spring Lake Park in Santa Rosa, 30 hours week. Interested parties should contact Volunteer Coordinator John Ryan, 707-565-2041 ~ www.sonoma-county.org/parks/volunteer/camp_hosts.htm

Ceres Community Project - Volunteers are needed on Thursday afternoons to deliver meals from Sebastopol to other parts of Sonoma County. Info & volunteer, call 707-829-8295 or email judi@ceresproject.org.

Crisis Line Counselors Needed - No experience is necessary, but a desire to help is. United Against Sexual Assault (UASA) will train you in listening skills, crisis counseling and community resources. Please leave a message at 707-545-7270 x19 ~ www.uasonoma.org

Forestville School and Academy - Your talents can be turned into an after-school enrichment class, Homework Help, or help keep our library open more hours! Want to be involved? Please call Cathy Mabry, Volunteer Coordinator, 707-887-9743.

Friendly Visitor - Give one hour a week and cheer stable but lonely individuals who have expressed a desire to socialize. Volunteers are trained and receive support from our Clinical Supervisor. Council on Aging, 30 Kawana Springs Road, Santa Rosa ~ Michele Leonard, Volunteer Coordinator, 707-525-0143 x147 ~ www.councilonaging.com

Seniors

SEBASTOPOL CENTER - Activities, classes, and events for adults of all ages. Drop-ins always welcome! 167 North High Street (next to the Library), Sebastopol ~ 707-829-2440 ~ www.sebastopolseniorcenter.org

Need a ride? Give a ride! Free for West County residents, age 60+. To schedule a ride or volunteer to drive, call the Center and ask for Dean Brittingham.

Mondays ~ Qi Gong ~ 5:00-6:00 pm. \$6 per class.

Toastmasters International ~ 7:00 pm, second & fourth Monday.

Tuesdays ~ Resistance Training ~ 11:15-Noon. \$6.00 per class.

Spanish Classes ~ Beginners, 1:00-2:00 pm. Intermediate, 2:00-3:00 pm. \$6.00 per class.

Wednesdays ~ Intermediate Computer ~ 9:00-10:30 am or 10:30-Noon. \$30 for four sessions.

Knitting, Crocheting and Needlepoint ~ 1:30-2:30 pm. \$2 by donation.

Feldenkrais: Awareness through Movement ~ 3:00-4:00 pm. \$6.00 per class.

Thursdays ~ Yoga Awareness ~ 11:15-Noon. \$6.00 per class.

Nov 18 ~ Thanksgiving Potluck ~ Turkey provided, bring fixins! 1:30 pm. RSVP.

Nov 20 ~ AARP Driver Safety Program ~ Age 55+. Insurance discount upon completion! 1:00-5:00 pm. \$10.00

Nov 25 ~ Intelligent Heart ~ Motivational speaker and author, Steven R. Campbell. 9:30 am.

Changes in Your Medicare for 2009 ~ 12:45 pm.

Nov 27 ~ Vision Loss Help Desk ~ Fourth Thursday of each month. 10:00-Noon. Free.

Dec 4 ~ Blood Pressure Clinic ~ First Thursday of each month. 11:00-Noon. Free.

Dec 6, 7 ~ Christmas Craft Faire ~ 9:00-3:00

SENIOR MEAL PROGRAMS

~ a nutritious lunch and friendly conversation for seniors 60 years of age and older, their younger significant others, and their caregivers. Lunch is at 12:00 Noon. \$4.00 donation requested. Reservations requested. ~ www.councilonaging.com/dining-rooms.html

Forestville ~ Tuesday and Thursday ~ (Operated by West County Community Services.) United Methodist Church, 6550 Covey Road at Center ~ 707-887-1070

Guerneville ~ Tuesday and Friday ~ Russian River Senior Center, 15010 Armstrong Woods Road ~ 707-869-3998

Occidental ~ Monday and Wednesday ~ St. Phillips Church, 3770 Bohemian Hwy ~ 707-525-0383

Sebastopol ~ Monday through Friday ~ Sebastopol Senior Center, 167 North High Street ~ 707-829-8381

**For Up-to-Date
Calendar Listings**

- go to

sonomacountycalendar.com